

Press Release

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***“Tales from a Gimbaled Wrist”* Takes Readers on a Rollicking 22-Yarn New England Cruise**

Bristol, Rhode Island, USA -- More than two decades of sailing, boating, and cruising experience and humor on and around Narragansett Bay, Rhode Island Sound, and even the Caribbean, come to life in Tales From a Gimbaled Wrist, a collection of 22 short stories, recollections, and other stories and pieces by Rhode Island writer Michael L. Martel. Tales From a Gimbaled Wrist is a diverse collection of rollicking yarns and introspective stories captured from real experience, and includes such elements as fictionalized stories, cruising recollections and more. But Tales From a Gimbaled Wrist is anything but a series of mundane travelogues, the type of article too often found in many cruising magazines.

“Marine writing is difficult for a variety of reasons” Martel says. “Too often, the result is a boring cruising point-to-point recap, and after awhile they all sound the same, e.g., we anchored here, we ate there.

Additionally, sailing on the sea, except for the occasion of bad weather, is not interesting to write about descriptively. Long passages in a small boat, for example, can indeed be monotonous, since the landscape never changes. So it is difficult to write marine literature without falling into cliché styles or boring the reader to death.” The book’s title comes from a phrase in a whimsical, waggish original song by local folk music legend Jon Campbell; since a sailor with a ‘gimbaled’ wrist won’t spill his drink when the boat is in choppy seas.

Tales from a Gimbaled Wrist



Michael L. Martel

Some of the stories in Tales From a Gimbaled Wrist have been published in **Points East** magazine (www.pointseast.com) a popular New England literary maritime magazine, to which Martel is a frequent contributor. The cover design/illustration is by his son Thomas Martel, who, in addition to being a graphics arts student, has accompanied his father on many of the family's cruises.

Tales From a Gimbaled Wrist is available in paperback from AMAZON.com, also in Amazon's electronic Kindle edition. Visit Amazon and using the search bar, select "BOOKS" and then search by title, author name, or ISBN number. The ISBN for Tales From a Gimbaled Wrist is 1-4196-9002-7. Amazon's "Search Inside the Book" feature allows glimpses into excerpts of the content. Publishers, editors, or critics seeking review copies should contact the author directly, mmartel@pointseast.com, or mmcmarketing@gmail.com, tel. 401-480-3433.

About the Author

Michael L. Martel has lived in coastal Rhode Island all of his life, and is an avid sailor who enjoys writing about marine subjects. A former Coast Guardsman, newspaperman, and industrial journalist, he founded and owns an industrial public relations and marketing agency, and has authored and published a number of papers and articles on subjects ranging from electronics manufacturing and marketing techniques to the voyages of Captain Joshua Slocum and Rhode Island's early history, which have appeared in publications that include *Smithsonian*, *Points East*, *The Providence Journal*, *WoodenBoat*, *Martha's Vineyard Magazine*, *Old Rhode Island*, *Blue Water Sailing*, *R.I. Boating*, *Offshore*, and others. In 2006-2007 he wrote and published his first book, From Vacuum Tubes to Nanotubes: An Amazing Half Century, The Emergence of Electronic Circuit Technology 1957-2007. He and his family live in Bristol, Rhode Island, where they sail their Gulfstar 45 sloop "RagBagger" in adjacent waters. His latest book, a historical/mystery novel titled The Kapellmeister Conspiracy, is currently being published through Amazon's BookSurge, and is already available in Amazon Kindle edition.

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